

5. GENERAL ITEMS

5.1. * University Activities in Focus
#19039 - Wellness Week

Council is asked to NOTE the University
Activities in Focus report on Student
Wellness Week, report #19039.

For Noting

Presented by Peter Creamer

ITEM 5.1**University Activities in Focus #19039**

Council OPEN meeting – 24 May 2019

Purpose

To highlight a number of innovative activities underway at UNE, which are helping the University to deliver on its strategic priorities, and to support the creation of a bold and innovative culture. The report will focus on the details and outcome of Student Wellness Week.

Origin of report: This items addresses a response to an action arising at the 17 March 2017 Council Confidential Meeting (i.e. the Pro Vice-Chancellor Academic Innovation was asked to consider how the impact of the Student Wellness Program has helped improve student behaviours going forward might be measured).

Related to terms of reference: Oversee and monitor the University's performance.

Recommendation**Professor Peter Creamer, Chief Operating Officer**

Council is asked to NOTE the University Activities in Focus report on Student Wellness Week, report #19039.

Executive Summary

A vibrant collegiate residential system is core to UNE's offering as a regional university. As the year begins, preparation for college life includes the additional Wellness Week (for freshers). Wellness Week (full program outlined in Attachment 1) provides critical information on the required life skills and knowledge for joining college and university, as well as allowing freshers with the time to bond together (and with leaders) for a week before being joined by the returners in O week as well as settle into any new job arrangements for example before classes begin.

Wellness Week continues to add high value to our student experience. Feedback for students is overwhelmingly positive indicating the program improves knowledge and preparation.

Key Information

Wellness Week is the first week in the UNE Orientation program at the beginning of the year. It precedes Orientation week and is attended by all first year residential students. Its content and purpose relates to the following key pillars important in keeping colleges safe and respectful:

- safe and respectful relationships;
- mental health and wellbeing;
- and the responsible consumption of alcohol.

Wellness Week was introduced three years ago and is designed to ease the transition into college life for first year residential college students, many of whom are leaving home for

ITEM 5.1**University Activities in Focus #19039****Council OPEN meeting – 24 May 2019**

the first time and may be travelling from other regional, interstate or even overseas destinations. It is a fun and informative program intended to help connect residents with all the support services available at UNE and Armidale.

This week also provides freshers with the time to bond together (and with leaders) without the distraction and attention of returners. Orientation week is therefore a natural extension for first year residents, learning and integrating with returners and learning about the university and critical academic and student support services.

From 2019, residents are required to complete two modules online:

1. Living in a College Community (time required to complete 45-60mins)
2. Consent Matters (time required to complete 60-90min)

In addition to social and bonding activities, Wellness Week included the following sessions (Attachment 1 outlines the full program).

- Be a Better Human
- Stress Less
- Counselling and Psychological Services outline
- Driver Awareness
- Alcohol and Drug education
- Haze Education Session
- Sexual Harassment and Sexual Crime

Detailed feedback from the 2019 Wellness week is outlined in Attachment 2. Some highlights follow:

- After the CAPS session, over 90% of respondents feel confident in understanding the challenges in living in colleges and also who to approach with any issues;
- Again over 90% of respondents in relation to the Alcohol and Drug education session that they are better informed about alcohol contents in drink, low and high risk drinking behaviours and resisting peer pressure about drinking and drugs;
- 90% of respondents in relation to the Hazing session, reported that they are better prepared to recognize hazing behaviours, understand that willing participation does not make hazing OK and feel confident they could say no to hazing;
- 100% of respondents better understood the meaning of sexual assault after the sexual harassment/crime talk;
- Even after the Stress less talk, 60-70% of respondents reported feeling less than 'very confident' about recognizing, reducing and applying strategies in relation to self-care and stress. The need for such sessions are therefore critical to expose this under preparation.

ITEM 5.1

University Activities in Focus #19039

Council OPEN meeting – 24 May 2019

Evaluation of Options

Whilst, there has been some suggestion that Wellness Week could be more conveniently delivered as part of the university orientation week program, the original rationale for introducing a separate, earlier orientation for first year residential students remains.

The focus on college life issues and promotion of positive, healthy behaviours in small, relevant, college based groups college life would be lost if this dedicated time was not available, as would its effectiveness. Each year, reviews and feedback continue to be taken into account to ensure each year the program is improved and continues to be relevant and delivered in the most efficient and effective way. In 2019, the Wellness Week team introduced online modules enabling students to complete these pre-arrival, reducing the amount of intense learning in the first week.

Key Assumptions/Constraints

- Fresher residents have contracts which start two weeks before classes start. The first week for Wellness Week and the second for Orientation week.
- The University requires time before Trimester begins in order to prepare students for university and college life.
- Now in its third year and in response to student feedback, the Wellness Week program has evolved to become shorter and more college oriented with more online components.

Strategic Alignment

This initiative directly supports priority two of the UNE Strategic Plan 2016 – 2020 and is consistent with the goals of the UNE 2025 strategy:

- **Deliver an outstanding student experience:** UNE's college system is unique to regional NSW and offers a service and student experience expected of our regional focus. Our college system enhances our students' lives and enables them to excel personally and academically. This proposal protects this goal.

Budget/Financial Implications

The Wellness Week program costs \$32k. Set against this cost is the accommodation income received for this week which for 2019 was approximately \$85k.

Detailed budget is attached in Attachment 3.

ITEM 5.1

University Activities in Focus #19039

Council OPEN meeting – 24 May 2019

Risk Management and Implications

A well planned and time efficient Wellness Week program will prepare first year students for college life. Without this preparation, the required information and discussions, especially in relation to the Respect.Now.Always campaign has limited opportunity to be addressed.

Accountability

Wellness Week is a critical response to the Change the Course – National Report on Sexual Assault and Sexual Harassment at Australian Universities. Recommendation 3 states:

Take action to ensure information about reporting avenues and support services is widely disseminated and easily accessible. Evaluate actions to ensure activities have increased awareness.

UNE's response to Recommendation 3 includes:

- Training given to new residential students during wellness week includes support information both within the University and externally.
- Wellness week is a week of information and training provided to new residential college students to prepare them for University life. This week also contains information about alcohol consumption, mental health, education regarding to hazing and RNA inclusive of support areas within and externally to UNE.

Attachments

Attachment 1: 2019 Wellness Week Program

Attachment 2: Participant feedback on 2019 Wellness Week – survey monkey results

Attachment 3: 2019 Wellness Week expenditure

Attachment 1 - Wellness Week Program

WELLNESS WEEK

Ensuring you get the **balance** you need while studying at UNE



Program for First Year Residents

Sunday 17 February: Move in Day

Time	Session	Location	Leaders assisting event
10:00am-5:00pm	All colleges open for check in	Individual college receptions	All leaders at their College
2:00pm-3:00pm	Parents' information session	Duval Conference Centre	Not required
7:00pm-9:00pm	JCR event - alcohol free	Individual colleges	JCR Leaders at their College

NOTE: Colleges will be open from 10am for student drop off. When you arrive at your college, ensure you check in at your college reception with staff and student leaders to receive your keys and room allocation.

Monday 18 February: Day 1

Time	Session	Location	Leaders assisting event
6:45am-7:30am	Optional morning walk/run	St Albert's College carpark meet 6:45am	All leaders welcome
8:30am-9:00am	Walk 'up top' with leaders	Lazenby Hall	All leaders
9:00am-9:05am	Welcome to Country	Lazenby Hall	All leaders
9:05am-9:10am	The week ahead - Georgia Pearlman	Lazenby Hall	All leaders
9:10am-9:20am	UNE Operations - Mark Creagan	Lazenby Hall	All leaders
9:20am-9:50am	Be A Better Human - Ben Bible	Lazenby Hall	All leaders
9:50am-10:20am	Guest Speaker - Mary McMillan	Lazenby Hall	All leaders
10:20am-10:30am	Director of Residential System - Ashwin Bhutani	Lazenby Hall	All leaders
10:30am-11:00am	Morning tea (provided)	Fountain Courtyard	
11:00am-12:00pm	Stress Less - Matthew Johnstone	Lazenby Hall	All leaders
12:00pm-1:00pm	Lunch (provided)	The 'Stro	
1:00pm-2:30pm	Counselling and Psychological Services	Lazenby Hall	All leaders
2:30pm-5:30pm	Free time	Armidale	
7:00pm-9:00pm	JCR event	Individual colleges	JCR
From 5:30pm	IT support staff available in each college	Each individual college	
	5:30pm - 6:30pm: Earle Page Dining Hall	5:30pm - 6:30pm: Mary White Computer Room	
	5:30pm - 6:30pm: Duval College Dining Hall	6:45pm - 7:45pm: Robb Dining Hall	
	6:45pm - 7:45pm: Austin Dining Hall	7:00pm - 8:00pm: Wright- College Boardroom	

Tuesday 19 February: Day 2

Time	Session	Location	Leaders assisting event
6:45am-7:30am	Optional morning walk/run	Wright College Office meet 6:45am	All leaders welcome
8:30am-9:00am	Walk 'up top' with leaders (prior to 8:30am)	JP Belshaw Lecture Theatre W040 - EBL	RF/RT/RA Teams
8:30am-10:30am	Group One: Robb/Austin/Earle Page/ Duval Driver Awareness - PCYC		JCR Exec training with Graham Watson
10:30-11:00am	Walk 'up top' with leaders (prior to 11:00am)	JP Belshaw Lecture Theatre W040 - EBL	RF/RT/RA Teams
11:00am-1:00pm	Group Two: St Albert's/Mary White/Wright Driver Awareness - PCYC		
1:00pm-2:30pm	Lunch at Summer (provided)	SportUNE	
1:00pm-5:00pm	Summer Dress Theme: "Aussie Summer" - Dress up! Bring: Clothes that can get wet + sunscreen/hat/water bottle/towel	SportUNE	All leaders welcome

Wednesday 20 February: Day 3

Time	Session	Location	Leaders assisting event
6:45am-7:30am	Optional morning walk/run	Earle Page College office meet 6:45am	All leaders welcome
Pre 10:00am	Free Time	Colleges	
10:00am-10:30am	Walk to your First Session as stated below	Lazenby Hall	
CONCURRENT SESSIONS - SPLIT INTO COLLEGE GROUPS			
10:30am-12:00pm	Group One: Robb/Austin/Earle Page/ Duval Session: Alcohol and Drug Education Location: Education Lecture Theatre 1 - Room 133	Group Two: St Albert's/Mary White/Wright Session: HAZE Education Session St Alberts: In your own Dining Hall Mary White: In your own Dining Hall Wright: Lewis Lecture Theatre	RF/RT/RA JCR Teams
12:00pm-1:00pm	Lunch (provided)	The 'Stro	
1:00pm-2:30pm	Group One: Robb/Austin/Earle Page/ Duval Session: HAZE Education Session Robb and Duval - Back to your own college Austin: Arts Lecture Theatre 3 EPC: Paul Barratt Lecture Theatre, Psychology Building	Group Two: St Albert's/Mary White/Wright Session: Alcohol and Drug Education Location: Education Lecture Theatre 1 - Room 133	RF/RT/RA JCR Teams
2:30pm-5:30pm	Free time	Armidale	
7:00pm-9:00pm	Wright/Mary White/Duval(non-drinkers)	Trivia @ the Stro'	Any leaders welcome
7:00pm-9:00pm	EPC/Robb/Albies/Austin/Duval	See your JCR for evening activities	

Thursday 21 February: Day 4

Time	Session	Location	Leaders assisting event
6:45am-7:30am	Optional morning walk/run	Robb College Office (near flag) meet 6:45am	All leaders welcome
<p>Brent Saunders presentation "Sexual Harassment and Sexual Crime" will be divided by gender: FEMALE PRESENTATION: 10:30am - 12:30pm MALE PRESENTATION: 1:30pm - 3:00pm <i>For any individual who does not identify with a certain gender please feel free to reach out to your Head of College to discuss which session you may wish to attend.</i></p>			
10:00am-10:30am	Females walk 'up top' with leaders	Education Building	
10:30am-12:45pm	Female Presentation - Sexual Harassment and Sexual Crime - Brent Sanders 15min post presentation survey (Males - free time)	Lecture Theatre 1 - Room 133	Female RF/RT/RA Leaders to walk up - however not required to stay for session
1:00pm-1:30pm	Males walk 'up top' with leaders	Education Building	
1:30pm-3:15pm	Male Presentation - Sexual Harassment and Sexual Crime - Brent Sanders 15min post presentation survey (Females - free time)	Lecture Theatre 1 - Room 133	Male RF/RT/RA Leaders to walk up - however not required to stay for session
3:15pm-5:30pm	Free time	Armidale	
9:00pm Onwards	Fresher 'Stro Night (18+ event) Theme/dress: Graffiti Party Wear a white shirt that can be written on	The 'Stro	All leaders encouraged
7:00pm-9:00pm	Granny Bingo (U18 and non-drinkers) Dress: 'Granny and Grandpa'	Magwick Hall	All leaders encouraged

Friday 21 February: Day 5

Time	Session	Location	Leaders assisting event
7:30am-8:00am	Free Yoga	Lawns in front of Duval College	All welcome
8:00am-11:00am	Free BBQ Breakfast	Lawns in front of Duval College	All leaders
11:00am onwards	See your JCR for activities	Individual colleges	

Saturday 22 February: Optional Activity

Time	Session	Location	Leaders assisting event
8:00am	Armidale Parkrun (Every Saturday 8am) 5km Run/Walk. This is a FREE community event for all ages and levels, you just need to register online before your first run/walk. Don't forget to bring a printed copy of your barcode to your first run/walk.	SportUNE Register here https://www.parkrun.com.au/register/form/	Anyone welcome

Please note:

Your college leaders will communicate any last minute changes to timetabling due to wet weather or any other unforeseen circumstances. If a presentation contains sensitive information, a trigger warning will be given at the beginning of the session.

We also encourage you to bring your own drink bottle to each session.

Attachment 2 - Wellness Week Feedback

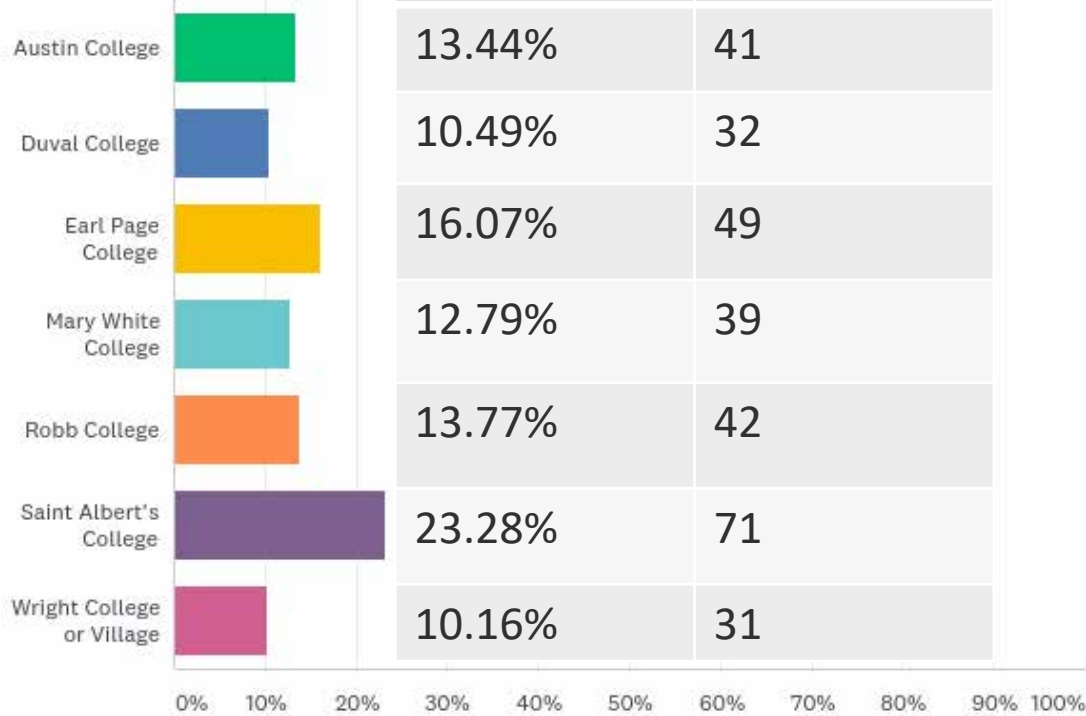
2019 Residential Colleges' Wellness Week Survey

Friday, March 01, 2019

Q2: I live at:

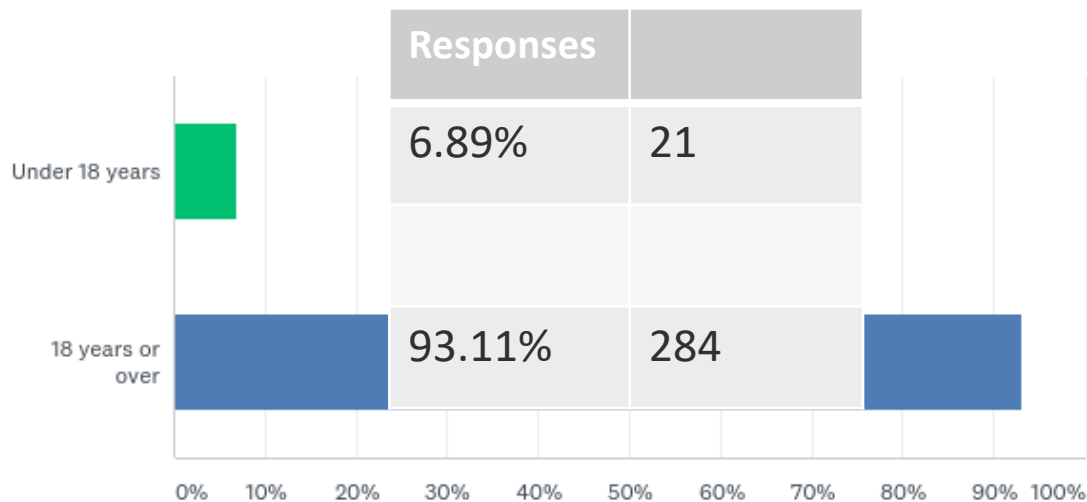
Answered: 305 Skipped: 0

Responses



Q3: I am:

Answered: 305 Skipped: 0



Q4: Following the UNE CAPS presentation, how confident do you feel about the following...

Answered: 304 Skipped: 1

	VERY CONFIDENT	SOMEWHAT CONFIDENT	NEUTRAL	SOMEWHAT UNSURE	VERY UNSURE	TOTAL	WEIGHTED AVERAGE
Understanding some of the common challenges of starting college life?	40.13% 122	50.00% 152	9.54% 29	0.33% 1	0.00% 0	304	1.70
Knowing some of the key people here to help my transition to uni?	43.42% 132	47.37% 144	7.24% 22	1.97% 6	0.00% 0	304	1.68
Communicating respectfully with fellow residents?	73.36% 223	21.38% 65	4.93% 15	0.00% 0	0.33% 1	304	1.33
Balancing study/social life/work/health/sport?	24.34% 74	49.67% 151	20.39% 62	5.26% 16	0.33% 1	304	2.08
Building respectful relationships?	63.16% 192	32.89% 100	3.29% 10	0.33% 1	0.33% 1	304	1.42
Making an appointment to see a student counsellor?	23.36% 71	44.08% 134	23.03% 70	8.88% 27	0.66% 2	304	2.19
How to reduce risk to self and others?	46.38% 141	45.07% 137	7.89% 24	0.33% 1	0.33% 1	304	1.63

Q5: After attending the "AlcoCups" presentation, how confident do you feel about ...

Answered: 304 Skipped: 1

	VERY CONFIDENT	SOMEWHAT CONFIDENT	NEUTRAL	SOMEWHAT UNSURE	VERY UNSURE	TOTAL	WEIGHTED AVERAGE
Amount of alcohol in a standard drink of spirits/wine/beer (whichever may be relevant to you)?	47.70% 145	44.41% 135	6.58% 20	1.32% 4	0.00% 0	304	1.62
Knowing the difference between low and high risk drinking?	66.45% 202	29.61% 90	3.95% 12	0.00% 0	0.00% 0	304	1.38
Using some low risk drinking strategies?	60.53% 184	33.22% 101	4.93% 15	1.32% 4	0.00% 0	304	1.47
Resisting peer pressure to use alcohol and/or other drugs?	69.74% 212	23.36% 71	5.59% 17	1.32% 4	0.00% 0	304	1.38

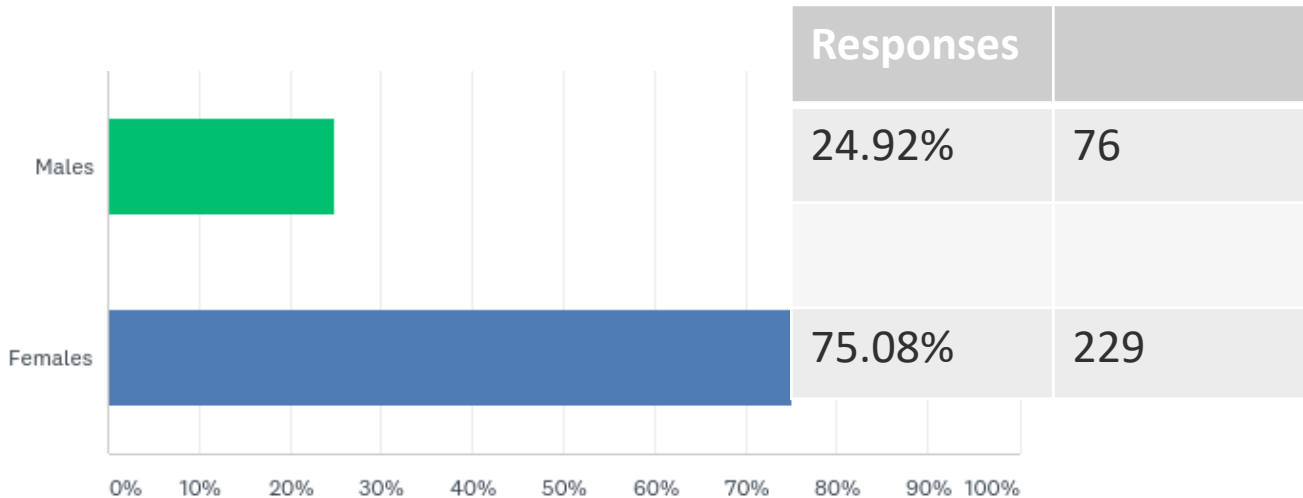
Q6: After author Matthew Johnstone's "StressLess" talk, how confident are you feeling about ...

Answered: 303 Skipped: 2

	VERY CONFIDENT	SOMEWHAT CONFIDENT	NEUTRAL	SOMEWHAT UNSURE	VERY UNSURE	TOTAL	WEIGHTED AVERAGE
Recognising signs and symptoms of stress?	40.26% 122	45.87% 139	12.87% 39	0.99% 3	0.00% 0	303	1.75
Reducing stress by planning for 'high risk' occasions?	28.05% 85	48.18% 146	19.80% 60	3.63% 11	0.33% 1	303	2.00
Having some practical strategies to reduce over arousal?	27.39% 83	47.85% 145	21.12% 64	2.64% 8	0.99% 3	303	2.02

Q7: I attended Brent Sanders' presentation for:

Answered: 305 Skipped: 0



Q8: After attending Brent's talk, how much do you agree or disagree with the following...

Answered: 305 Skipped: 0

	STRONGLY AGREE	SOMEWHAT AGREE	NEUTRAL	SOMEWHAT DISAGREE	STRONGLY DISAGREE	TOTAL	WEIGHTED AVERAGE
The content of the workshop was relevant for me	74.10% 226	20.98% 64	4.59% 14	0.33% 1	0.00% 0	305	1.31
My need for information/strategies was met by the talk	67.76% 206	24.34% 74	4.61% 14	1.64% 5	1.64% 5	304	1.45
I better understand the meaning of sexual assault	89.51% 273	9.84% 30	0.66% 2	0.00% 0	0.00% 0	305	1.11
I better understand why people should seek consent before and when engaging in sex	90.82% 277	7.21% 22	1.64% 5	0.33% 1	0.00% 0	305	1.11
There was adequate time for questions	66.23% 202	24.26% 74	3.93% 12	4.92% 15	0.66% 2	305	1.50

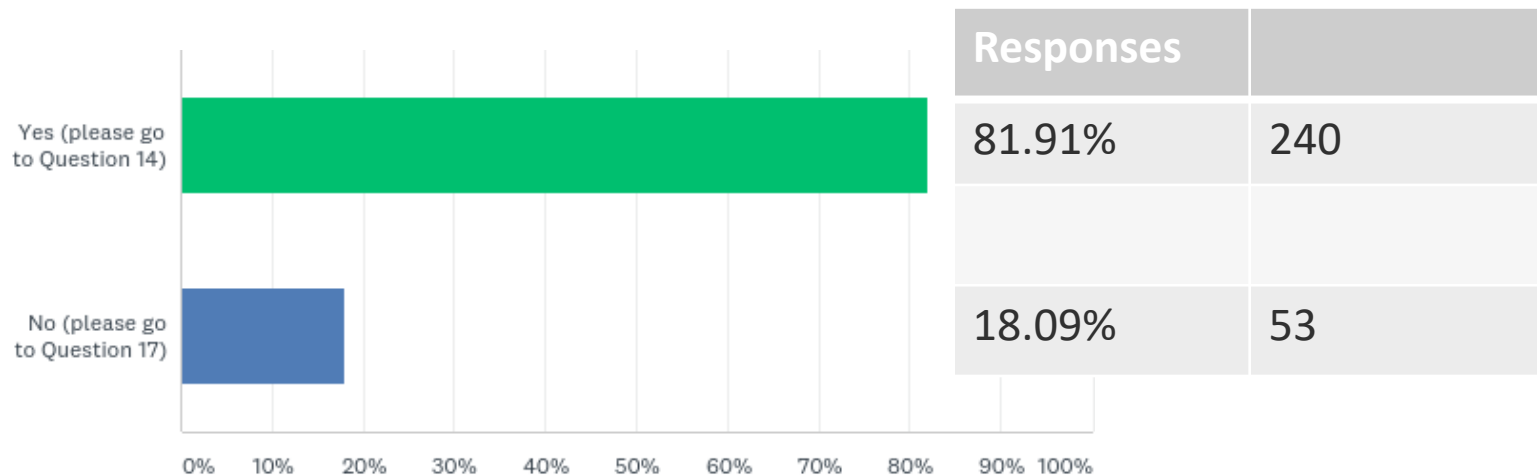
Q11: How much do you agree with these statements about the "We Don't Haze" presentation and group discussion?

Answered: 299 Skipped: 6

	STRONGLY AGREE	SOMEWHAT AGREE	NEUTRAL	SOMEWHAT DISAGREE	STRONGLY DISAGREE	TOTAL	WEIGHTED AVERAGE
I feel better prepared to recognise "hazing" or "induction" behaviours	70.23% 210	23.41% 70	5.02% 15	1.00% 3	0.33% 1	299	1.38
"Willing participation" does not make hazing OK	73.58% 220	17.39% 52	6.02% 18	2.68% 8	0.33% 1	299	1.39
I feel confident I could say "no" to a "hazing" activity	67.45% 201	23.83% 71	6.38% 19	1.34% 4	1.01% 3	298	1.45
The group discussion was useful for me	45.64% 136	34.90% 104	16.11% 48	1.68% 5	1.68% 5	298	1.79

Q13: Did you complete both the "Living in a college community" and the "Consent Matters" online training prior to arriving at your college?

Answered: 293 Skipped: 12



Q14: How helpful was "Living in a college community" in preparing you for a transition to college life?

Answered: 245 Skipped: 60

	VERY HELPFUL	SOMEWHAT HELPFUL	NEUTRAL	SOMEWHAT UNHELPFUL	NOT AT ALL HELPFUL	TOTAL	WEIGHTED AVERAGE
(no label)	36.33% 89	48.16% 118	12.65% 31	2.04% 5	0.82% 2	245	1.83

Q15: How helpful was "Living in a college community" in increasing your understanding of the expectations around your personal conduct in college?

	VERY HELPFUL	SOMEWHAT HELPFUL	NEUTRAL	SOMEWHAT UNHELPFUL	NOT AT ALL HELPFUL	TOTAL	WEIGHTED AVERAGE
(no label)	45.71% 112	40.82% 100	11.43% 28	1.63% 4	0.41% 1	245	1.70

Suggestion: Email First Year residents mid-trimester 1: *Given what you know now, what else would you like to have know about College life before arriving at UNE? We'd like to include your ideas in the online learning module, "Living in a College Community" for 2020 Freshers.*

Q16: How helpful did you find the "Consent Matters" online module in increasing your understanding of the definition of consent?

Answered: 245 Skipped: 60

	VERY HELPFUL	SOMEWHAT HELPFUL	NEUTRAL	SOMEWHAT UNHELPFUL	NOT AT ALL HELPFUL	TOTAL	WEIGHTED AVERAGE
(no label)	42.45% 104	44.08% 108	11.84% 29	1.22% 3	0.41% 1	245	1.73

Q9: What were the top 3 messages for you from Brent's presentation?

Females; Answered: 184

- [Explaining legal definitions and differences between sexual assault, indecent assault and sexual harassment; getting a clear understanding of these things; knowing and understanding what sexual assault is; knowing the difference between rape and assault](#)
 - Real definition of sexual penetration; true definitions of sexual assault/consent etc
 - Many people do not realise they have been sexually assaulted; know the signs of sexual assault;
 - Friends don't always have the correct information about type of assault; seeking official help instead of friends
 - Sexual assault not limited to penetration by penis; sexual assault more broad than I knew
 - Better understanding of sexual assault – much more than I thought
 - To better understand sexual harassment and how to identify it
 - It can happen to anyone; how easily it can happen
 - Know the definitions
- [How the law deals with these cases](#)
 - Your rights; how to report assaults; no reporting time limits; it's never too late to report; legal processes involved in reporting assault; reporting doesn't mean you have to pursue an investigation;
 - Don't be afraid to speak up; report sexual assaults; to stand up for myself if it were to happen
 - You don't need proof to report; police will investigate without you having to prove something happened beyond reasonable doubt; can't be charged for self defence
 - Knowing what the law can do for you
 - Seriousness of jail time; sentencing time; what happens to sexual offenders

Q9: Cont'd What were the top 3 messages for you from Brent's presentation?

- [How important consent is; know your rights; know that you can say 'no'; age appropriate consent and state differences;](#)
 - Giving consent "freely" including changing your decision without pressure; consenting freely, to choose freely
 - Feeling pressured and manipulated, what to do in these situations; Consent is not consent when coerced; Difference between submission and permission; understanding boundaries and signs given off from other person
 - The absolute importance of consent; consent isn't just saying "yes"; knowing the fine lines between consent and no consent
 - Males don't own you; how boys may not understand/have reason to why they think non consent is consent
 - It is totally okay to say 'no'
- [Knowing when you are too intoxicated to consent; How to know if someone is too drunk to give consent; RSA test helps determine consent when drinking; risks around being under influence of alcohol](#)
 - How to test for ability to consent under influence of alcohol and drugs
- [Statistics for sexual assault; knowing which age groups are most vulnerable to certain kinds of assault. % of young women who've experienced sexual crimes; many girls have experienced it](#)
 - The reality of how common sexual assault is
 - The ongoing effects of assault
- [Respect people's choices and decisions; if someone doesn't respect you, they won't respect you when you say "no"; be mindful of yourself and friends; ensure my friends understand consent;](#)
- [Situational awareness; keep an eye on friends, fellow residents and yourself; be aware of myself and those around me](#)
 - look out for others around you; look out for your friends and mates; look out for yourself
 - minimise risks by assessing the environment; know your surroundings; where assault/indelicacies may have potential (isolation; drunkenness); avoid being isolated; put yourself in safe situations; avoid high risk situations; stay with friends; safety in numbers; strategies to minimise sexual assault; don't go off with random guys by yourself; stay with friends; don't get too drunk; learning ways to minimise risk; better recognising ways to look out for myself and others; self defence; to be safe, look out for others; how to stay safe;
 - be careful; be responsible

Q9: Cont'd What were the top 3 messages for you from Brent's presentation?

- [How to get help if sexually assaulted; There is a lot of support; understanding different pathways to get help; how to reach out for help; how to help mates when they've been sexually assaulted; how important help is](#)
 - How so many of us don't understand what are the true impact and resources available to us in these scenarios
 - Knowing you can feel comfortable going to someone to talk about what happened to you; to speak up
 - It's okay to reach out for help if you think you've been sexually assaulted; it's okay to seek help
- [Often, sexual assault involves people you know and trust;](#)
 - You can be sexually assaulted in a relationship
 - Don't trust the people alone who you trust in groups
- [Informative, engaging, easy to ask any questions; many girls could relate to what he was saying; able to clarify a lot of questions](#)
 - Need to include strategies to escape unwanted situation next time
 - Being able to have discussion after the talk
- It wasn't my fault
- Talk was gender specific so people could ask questions
- Sharing private content

Q10: Any further feedback about Brent's talk

Females; Answered:121

- Important for females to be given opportunities to learn strategies to remove themselves from environment – not being provided with same was disappointing; Brent should not be prevented from giving information; should be told how to defend oneself; terrible that he wasn't allowed to talk about getting out of a situation, lost confidence in UNE;
 - Why couldn't he show us how to defend ourselves?
 - Would have been smart for him to teach us in a different way
- Larger room
- Water station with cups outside the room
- Great to have counselling service available
- More time for questions; Made it comfortable and easier to ask questions
- More interactive and/or use of PowerPoints

Q10: Any further feedback about Brent's talk

Females; Answered:121

- Informative and interesting; best WW session
- More focus on sexual harassment
- Gave clear meanings
- Although many girls left, this talk is needed
- All girls should hear this talk
- Use of laughter helped soften tough areas
- Very grateful that an ex policeman has taken time to inform us
- Awakened many people re sexual assault and related offences
- Very powerful, amazing presentation

Q9: What were the top 3 messages for you from Brent's presentation

Males; Answered: 39

- **Look out for your mates and for girls; be respectful**
- **Notice signs of consent; ask for consent; don't assume silence means 'yes'; be cautious around consent; remember "freely"**
- **How to identify if someone has given correct consent**
 - **Impaired consent – alcohol / drunkenness**
 - **Being drunk no excuse if you've broken the law; one bad choice can ruin your life; be careful with consent when partner is intoxicated**
 - **Watch alcohol consumption**
- **Legal definitions of intercourse, indecent assault, sexual assault, sexual harassment**
 - **Knowing the definitions and differences; length of jail time**
 - **How consent works in the context of the law**
- **Knowing how to avoid stepping over the line**
- **Prevalence of assault in universities**

Q10: Any further feedback about Brent's talk

Males; Answered: 17

- **Good / excellent / engaging presentation**
- **Approachable / friendly / easy going presenter**
- **Recommend compulsory attendance every year**
- **Practical strategies for girls missing**
- **Content could be more streamlined / organised**

Q12: Name 3 people or support services here to help you at UNE.

Answered: 205

Q12 Name 3 people or support services here to help you at UNE.

RA s advisors Residential Academic People Psychologists team Psychology services
 JCR Counselors Safety security counsellor Student RF Head staff RA PA AA
 Head Accies Counselling services RF SRF
 Resident Fellows floor CAPS Student grievance unit
 Counselling AA RF RT Head college
 support college Resident Councillors Student leaders
 Counsellors Resident tutors leaders s UNE security RF s
 RT s RF Head college Older students services Psychological RA
 Counselling services Student support office Friends Kath Residential fellows
 Academic mentors

Q17: If you did not complete the pre-arrival online training, please let us know why:

Answered: 42

Didn't know it existed / didn't receive an email / couldn't find it

Didn't have time - working over break, family issues

IT problems

- couldn't log in**
- wouldn't load on computer**
- no internet at home**

Should have been given a designated time to complete

Q18: Lastly ... please tell us more about the WW talks, and/or suggestions for future years

Answered: 12

- **Informative, well done, helpful, spread out, balanced**
- **Have closer to college**
- **Speakers engaging**
- **Additional sessions for late arrivals**
- **Presentations & Week could have been shorter**
- **Some repetition**
- **Roads talk tough**
- **Could make Brent's talk longer**
- **Hard to hear presenters, some talks too long**
- **More interactive activities for learning**
- **Smaller groups / bigger lecture rooms**
- **More free time**
- **Split talks, with food in between**
- **Need for better trigger warnings**

Themes/suggestions/follow up

- **Alcocup/PCYC overlap on standard drinks**
 - **PCYC discouraging counting drinks**
 - **PCYC content– didn't survey this question**
 - **reduce some gore; reduce length**
 - **could it be delivered later in 1**
- **Sexual assault presentation: managing reactions, group size, heat**
 - **Smaller groups; 2 presentations for females**
 - **Voluntary, facilitated debriefs in colleges post sessions**
 - **Perhaps pre-briefings for female student leaders**
 - **More counsellors – introduce them pre session**
 - **How best to address criticism re excluding bathroom scenario?**

Themes/suggestions/follow up

- **More talks in college venues**
- **More food between talks**
- **Shorter talks / shorter week**
- **Concerns about students not attending**
 - **Orientation activities**
 - **why did Freshers not attend? Was there a WW impact on attendance?**
- **Feedback alignment – across staff and students**

Wellness Week 2019

Budget

	Item	Day	Description	Amount	Notes
Speakers/Presenters					
	AlcoCups	Wednesday	Ash Gurney - Drug and Alcohol Education	\$ 1,545.50	includes travel and x2 presentations
	Matthew	Monday	Stress Less keynote talk to students	\$ 3,473.65	includes travel, prints, books and other giveaways
	Brent Saunders	Thursday		\$ 3,185.00	includes flights and presentation
	Driver Awareness	Tuesday		\$ 5,000.00	includes travel and x2 presentations
	Be A Better Human	Monday	Ben Bible UNE Life		FREE
	Guest Speaker	Monday	Mary McMillan		FREE
	CAPS	Monday	CAPS Team presentation		FREE
	SUMMER	Tuesday	Outdoor summer festival bbq lunch and activities		FREE approx value \$15,000 provided by UNE Life
	SportUNE	Tuesday	SportUNE Expreience day		FREE
Catering					
	Afternoon Tea	Sunday	Parents Q&A	\$ 29.06	self catered (UNE Life provided tea and coffee @ no charge due to full week of catering)
	Morning Tea	Monday	x600 students (first years and leaders)	\$ 3,900.00	MT selection @ \$6pp
	Lunch	Monday	x600 students (first years and leaders)	\$ 5,232.00	bbq lunch @ \$8.50pp
	Lunch	Wednesday	x490 students (first years and leaders)	\$ 6,594.50	burger/mexican lunch @ \$13.50pp
	BBQ Breakfast	Friday	x600 students (first years and leaders)	\$ 5,440.00	BBQ Breakfast @ 10.50pp
Activites/Misc					
	Bingo	Thursday	Under 18/Alcohol Free Activity	\$ 159.57	
	Wrist Bands	All week	brands to identify freshers and leaders	\$ 200.00	
	Kmart shop	All week	Bingo and Trivia	\$ 270.00	
	Kmart shop	All week	Bingo and Trivia	\$ 195.00	
	Super Market Shop	All week	Batteries, Trivia and Bingo, blutac, milk, tea, coffee	\$ 204.42	
	Thank you gift	Monday	for guest speaker Mary McMillan	\$ 60.98	
	Kmart shop	Wednesday/Thursday	Bingo and Trivia	\$ 127.00	
	Coles	Wednesday/Thursday	Bingo and Trivia	\$ 205.53	
	Caltex	Wednesday/Thursday	Bingo and Trivia	\$ 131.00	
	Woolworths	Wednesday/Thursday	Bingo and Trivia	\$ 22.50	
Total			TOTAL	\$ 35,975.71	
			GST	\$ 3,270.52	
			SUBTOTAL	\$ 32,705.19	
			SUBTOTAL	\$ 4,672.17	
			GST	\$ 467.22	
ST ALBERT'S COLLEGE	CHARGED PRO RATA		TOTAL	\$ 5,139.39	

6. GENERAL BUSINESS

7. MEETING FINALISATION

7.1. Council Open Work Plan 2019

Council is asked to NOTE the 2019
Council Open Work Plan.

For Noting

Presented by Brendan Peet

2019 Council OPEN Work Plan

Report Name	Owner	Status/ Comment
Meeting 1: Thursday, 31 January 2019		
#19004 Chancellor's Report to Council	Chancellor	
#19005 Vice-Chancellor's Report to Council	VC	
#19006 Chair Academic Board Report	Chair AB	
2019 Open Council Work plan	CLGO	
Meeting 2: Friday, 15 March 2019		
#19015 University Activities in Focus- Faculty Humanities Arts Social Sciences and Education	Dean HASSE Faculty	
#19016 Chancellor's Report to Council	Chancellor	
#19017 Vice-Chancellor's Report to Council	VC	
#19018 Chair Academic Board Report	Chair AB	
#19019 Approval of Annual Report (Year Ended 31 December 2018)	VC	
#19020 Approval of Annual UNE Group Financial Statements (Year Ended 31 December 2018)	CFO	
#19231 Administrative Change to Principal Dates 2020	PVCAI	
2019 Open Council Work plan	CLGO	
Meeting 3: Friday 24 May 2019		
#19039 University Activities in Focus – Student Wellness Week	COO	
#19035 Chancellor's Report to Council	Chancellor	
#19036 Vice-Chancellor's Report to Council	VC	
#19037 Chair Academic Board Report	Chair AB	
#19038 UNE Alumni Association	— DACE	
2019 Open Council Work plan	CLGO	

2019 Council OPEN Work Plan

Meeting 4: Friday 26 July 2019		
#19054 University Activities in Focus		
#19055 Chancellor's Report to Council	Chancellor	
#19056 Vice-Chancellor's Report to Council	VC	
#19057 Chair Academic Board Report	Chair AB	
#19058 Student Association Bi-Annual Report to Council	Student Assoc.	
2019 Open Council Work plan	CLGO	

Report Name	Owner	Status/ Comment
Meeting 5: Friday 27 September 2019		
#19072 University Activities in Focus – Faculty Medicine and Health	Dean M&H	
#19073 Chancellor's Report to Council	Chancellor	
#19074 Vice-Chancellor's Report to Council	VC	
#19075 Chair Academic Board Report	Chair AB	
#19076 Joint Medical Program Academic Calendar 2020	Chair AB	
#19077 Council and Committee meeting dates 2020	CLGO	
2019 Open Council Work plan	CLGO	

Meeting 6: Friday 22 November 2019		
#19078 University Activities in Focus		
#19079 Chancellor's Report to Council	Chancellor	
#19080 Vice-Chancellor's Report to Council	VC	
#19081 Chair Academic Board Report	Chair AB	
#19082 Bi-Annual Student Association Report	Student Association	
#19083 Update on Academic Matters	PVCAI	
#19084 Program of Induction for Council Members	CLGO	
#19206 2019 & draft 2020 Open Council Work plan	CLGO	

2019 Council OPEN Work Plan

Report Details:

- i. **2019 Work Plan & Draft 2020 Work Plan:** To provide the Council with an updated work plan for the open session of Council at each meeting to track progress against Council objectives during the year, as well as a draft work plan for endorsement for the coming year (in November).
- ii. **Approval of Annual Report / Financial Statements (Year Ended 31 December 2018):** To provide the Council with a draft copy of the annual report and financial statements for the year ending 31 December 2018. As well as a key statutory requirement these documents are a record of the performance of the University and University Group for the previous year. The report relates to the role and function of Council to (12) d. Approve the University's mission, strategic direction, annual budget and business plan.
- iii. **Bi-Annual Student Association Report to Council:** To provide the Council with a report (twice annually) from the University's Student Association regarding student engagement and feedback the association's perspective. It relates to the role and functions of Council to (12) b. Oversee and monitor the University's performance.
- iv. **Chair Academic Board Report:** The Chair of Academic Board report provides an overview of the work of the Academic Board committees, including an outline of the progress of the University towards meeting its strategic academic and student related priorities as well as key compliance requirements under HESF and ESOS Acts. This report relates to the role and functions of Council to (12) c. Oversee and monitor the academic activities of the University and (12) i. Ensure that the University's grievance procedures, and information concerning any rights of appeal or review conferred by or under any Act are published in a form that is readily accessible to the public.
- v. **Chair Report – Alumni Association:** The University has an Alumni Association which may provide an update on convocation matters. The report relates to the role and functions of Council to (12) h. Establish policies and procedural principles for the University consistent with legal requirements and community expectations.
- vi. **Chancellor's Report to Council:** To provide the Council with the Chancellor's report on activities undertaken on behalf of the Council since the previous meeting. It relates to the role and functions of Council to (3) provide strategic leadership to the University.
- vii. **Council and Committee meeting dates 2020:** To provide Council with proposed meeting dates for the coming year. The report relates to planning of Council business and the role and functions of Council to (12) j. Regularly review its own performance.
- viii. **Program of Induction for Council Members:** To provide Council members with a program of induction to support their understanding of the institution and its operational model. It relates to the role and functions of Council to (12) l. Make available for members of the Council a program of induction and of development relevant to their role as such a Member.
- ix. **University Activities in Focus:** The item is an optional item on the agenda, and may not be provided to every meeting. The report is an opportunity to showcase innovative and progressive University activities which are helping to delivery on the University's strategic priorities. It relates to the role and functions of Council to (12) b. Oversee and monitor the University's performance.
- x. **Update on Academic Matters:** The report provides Council with an update on academic innovation at the University. It relates to the role and functions of Council to (12) c. Oversee and monitor the academic activities of the University.

2019 Council OPEN Work Plan

- xi. **Vice-Chancellor's Report to Council:** To provide the Vice-Chancellor's update to the Council on the activities of the University. It relates to the role and functions of Council to (12) a. Monitor the performance of the Vice-Chancellor and Chief Executive Officer.

7.2. * Next Meeting and Close

The next Council meeting is scheduled for Friday, 26 July 2019. This meeting will be held in the Council Room, Booloominbah, University of New England.

Presented by James Harris