



Bachelor of Clinical Exercise Physiology

EXSC390 Supervisors' Feedback Report

Students are to be evaluated against the six (6) learning outcomes of the Exercise Physiology practicum program, which are based on the AEP Professional Standards as set by Exercise & Sports Science Australia (ESSA).

As a supervisor in our practicum program, we ask that you draw upon your industry experience to assess our student against these learning outcomes in each pathology domain. Based on your observations of the student in your workplace, please use the marking scheme below to indicate whether the student meets the required standard of an Entry Level Exercise Physiologist.

We would appreciate the completion of this report halfway through the student's placement, and at the completion of the student's placement. Please complete this report in consultation with the student to provide an opportunity for reflective practice and an open environment for the student to ask questions and receive clarification. Please return the report to exerciseprac@une.edu.au

Marking Scheme

- 1 = Significant deficit exists** (insufficient progress, not responsive to feedback, poor performance, ineffective/inappropriate communication with clients and colleagues, does not follow instructions)
- 2 = Well below the required standard** (requires high level of supervision, inconsistent performance, lacks confidence, relies on direction from supervisor, requires close monitoring, clinical skills are basic)
- 3 = Nearly meets the required standard** (requires low-moderate level of supervision, level of confidence varies, clinical knowledge and skills are developing and are applied with some efficiency, responds to feedback and demonstrates reasonable progression, requires some prompting)
- 4 = Meets the required standard** (requires only broad supervision, is effective and timely, specialised knowledge and skills demonstrated regularly, confident in most situations, consistently safe and effective, capable of working independently in some situations)
- 5 = Exceeds the required standard** (exhibits knowledge and skills above those expected for a new graduate, operates efficiently and independently)
- 6 = Well above the required standard**
- 7 = Significantly exceeds the required standard**

Student Name	
Practicum Site	
Supervisor Name	

Feedback on Generic Professional Standards

Learning Outcome 1: Communication

Demonstrates appropriate and effective verbal and non-verbal communication with clients and carers	1-7
Demonstrates appropriate and effective verbal and non-verbal communication with colleagues, peers, other health professionals and stakeholders	1-7
Satisfies all clinical reporting requirements of an exercise professional, including data input and recording, written reports, case notes, management plans	1-7

Learning Outcome 2: Assessment and Prescription

Assessed in pathology domains

Learning Outcome 3: Exercise Delivery

Assessed in pathology domains

Learning Outcome 4: Behavioural Change and Lifestyle Modification

Identifies relevant stages of behavioural change and addresses challenges in lifestyle modification throughout client assessment and prescription	1-7
Employs methods of facilitating behavioural change throughout exercise delivery in order to improve exercise compliance and lifestyle choices	1-7

Learning Outcome 5: Risk Stratification

Identifies risks associated with exercise prescription and delivery	1-7
Applies strategies to minimise identified risk	1-7

Learning Outcome 6: Professional Practice

Demonstrates an understanding of client confidentiality and privacy	1-7
Appropriate with respect to agreed expectations of their dress, attitude and behaviour	1-7
Punctual for shifts and in contact in a timely manner where unforeseen circumstances prevent them from attending placement	1-7
Recognises professional weaknesses and actively engages in self-directed learning, seeks timely feedback and appropriate support	1-7
Practices ethically, responsibly and in accordance with ESSA's Code of Professional Conduct and Ethical Practice	1-7
Demonstrates knowledge and awareness of the Scope of Practice of an Accredited Exercise Physiologist	1-7

Comments:

Feedback on Pathology-Specific Professional Standards

Cardiovascular Domain

Target Conditions: *Ischaemic heart disease, acute myocardial infarction, coronary heart failure, arrhythmias and pacemakers, hypertension, peripheral artery disease, valve disease*

Accurately identifies and examines cardiovascular pathological bases of disease, arrhythmias and pacemakers, cardiac diagnostic and prognostic procedures, cardiac medicines and treatments, and cardiovascular indications and contraindications to exercise	1-7
Displays sound knowledge of the evidence base for frequency, intensity, mode, duration, volume and progression of exercise prescription for all target conditions in this domain	1-7
Demonstrates ability to design and implement monitoring techniques to assess clinical status before, during and after exercise for all target conditions in this domain, including adequate measurement of blood pressure at rest and during exercise, and the use of ECG and non-ECG methods to identify arrhythmias	1-7
Demonstrates ability to select and implement measurement/assessment techniques that measure and assess clients' clinical and functional status and exercise ranges and limits for all target conditions in this domain	1-7
Recognises and responds to changes in clients' clinical status and safety factors before, during and after exercise for all target conditions in this domain, including cardiac arrhythmias, inappropriate blood pressures, and other adverse cardiac signs and symptoms	1-7

Comments:

Musculoskeletal Domain

Target Conditions: osteoarthritis, rheumatoid arthritis, osteoporosis, acute/sub-acute/chronic specific and non-specific musculoskeletal pain/injuries/disabilities

Differentiates the pathological bases for all target conditions in this domain	1-7
Demonstrates a sound understanding of functional body mechanics and its relationship with rehabilitation	1-7
Distinguishes common testing procedures, medical/surgical/other interventions and prescribed medications for a wide range of target conditions in this domain	1-7
Displays sound knowledge of the evidence base for frequency, intensity, mode, duration, volume and progression of exercise prescription for all target conditions in this domain	1-7
Identifies contraindications for exercise for all target conditions in this domain	1-7
Demonstrates ability to design and implement monitoring techniques to assess clinical status before, during and after exercise for all target conditions in this domain	1-7
Demonstrates ability to select and implement measurement/assessment techniques that measure and assess clients' clinical and functional status and exercise ranges and limits for all target conditions in this domain	1-7
Recognises and responds to changes in clients' clinical status and safety factors before, during and after exercise for all target conditions in this domain	1-7
Designs and evaluates pre-employment screening tools, functional capacity assessments and interventions that consider client needs, duties, job tasks and other workplace requirements	1-7
Able to report status and progress to stakeholders such as client, referrer, NTD, insurer etc, using good reporting principles and in accordance with legislative and compensable scheme requirements	1-7

Comments:

Cancer Domain

Target Conditions: Breast, prostate, colorectal

Demonstrates knowledge of, and ability to translate information regarding, the pathological bases of target conditions and the role of health professionals in multidisciplinary care of cancer patients	1-7
Distinguishes common testing procedures, medical/surgical/other interventions and prescribed medications for a wide range of target conditions in this domain	1-7
Displays sound knowledge of the evidence base for frequency, intensity, mode, duration, volume and progression of exercise prescription for a wide range of target conditions in this domain	1-7
Identify contraindications for exercise for a wide range of target conditions in this domain	1-7
Demonstrates ability to design and implement monitoring techniques to assess clinical status before, during and after exercise for a wide range of target conditions in this domain	1-7
Demonstrates ability to select and implement measurement/assessment techniques that measure and assess clients' clinical and functional status and exercise ranges and limits for a wide range target conditions in this domain	1-7
Recognises and responds to changes in clients' clinical status and safety factors before, during and after exercise for a wide range of target conditions in this domain	1-7

Comments:

Kidney Domain

Target Conditions: *Chronic kidney disease, diabetic nephropathy, hypertensive nephropathy, polycystic kidney disease, long-term medication use, infectious kidney disease, acute kidney failure, end stage kidney disease*

Differentiates the pathological bases for a wide range of target conditions in this domain	1-7
Distinguishes common testing procedures, medical/surgical/other interventions and prescribed medications for a wide range of target conditions in this domain	1-7
Displays sound knowledge of the evidence base for frequency, intensity, mode, duration, volume and progression of exercise prescription for a wide range of target conditions in this domain	1-7
Identifies relative and absolute contraindications for exercise for a wide range of target conditions in this domain, including dialysis, blood pressure and impaired physiological response/s	1-7
Demonstrates ability to design and implement monitoring techniques to assess clinical status before, during and after exercise for a wide range of target conditions in this domain	1-7
Demonstrates ability to select and implement measurement/assessment techniques that measure and assess clients' clinical and functional status and exercise ranges and limits for a wide range target conditions in this domain	1-7
Recognises and responds to changes in clients' clinical status and safety factors before, during and after exercise for a wide range of target conditions in this domain	1-7

Comments:

Mental Health Domain

Target Conditions: Anxiety disorders, affective disorders, psychotic disorders, stressors-related disorders

Differentiates the pathological bases for a wide range of target conditions in this domain, with consideration of co-morbid cardio metabolic presentations	1-7
Distinguishes common testing procedures, medical/surgical/other interventions and prescribed medications for a wide range of target conditions in this domain	1-7
Displays sound knowledge of the evidence base for frequency, intensity, mode, duration, volume and progression of exercise prescription for a wide range of target conditions in this domain	1-7
Identify contraindications for exercise for a wide range of target conditions in this domain	1-7
Demonstrates ability to design and implement monitoring techniques to assess clinical status before, during and after exercise for a wide range of target conditions in this domain	1-7
Demonstrates ability to select and implement measurement/assessment techniques that measure and assess clients' clinical and functional status and exercise ranges and limits for a wide range target conditions in this domain	1-7
Recognises and responds to changes in clients' clinical status and safety factors before, during and after exercise for a wide range of target conditions in this domain	1-7
Identifies and responds to barriers for exercise participation in this population, including sociocultural/economic factors	1-7

Comments:

Metabolic Domain

Target Conditions: overweight and obesity, metabolic syndrome, dyslipidemias (acquired and familial), Type 1 diabetes, gestational diabetes, sleep apnea, polycystic ovarian syndrome

Differentiates the pathological bases for a wide range of target conditions in this domain	1-7
Distinguishes common testing procedures, medical/surgical/other interventions and prescribed medications for a wide range of target conditions in this domain	1-7
Displays sound knowledge of the evidence base for frequency, intensity, mode, duration, volume and progression of exercise prescription for a wide range of target conditions in this domain	1-7
Identify contraindications for exercise for a wide range of target conditions in this domain	1-7
Demonstrates ability to design and implement monitoring techniques to assess clinical status before, during and after exercise for a wide range of target conditions in this domain	1-7
Demonstrates ability to select and implement measurement/assessment techniques that measure and assess clients' clinical and functional status and exercise ranges and limits for a wide range target conditions in this domain	1-7
Recognises and responds to changes in clients' clinical status and safety factors before, during and after exercise for a wide range of target conditions in this domain	1-7

Comments:

Neurological Domain

Target Conditions: Stroke, spinal cord injury, Parkinson’s Disease, cerebral palsy, Multiple Sclerosis, Dementia, Traumatic Brain Injury

Differentiates the pathological bases for a wide range of target conditions in this domain	1-7
Distinguishes common testing procedures, medical/surgical/other interventions and prescribed medications for a wide range of target conditions in this domain	1-7
Displays sound knowledge of the evidence base for frequency, intensity, mode, duration, volume and progression of exercise prescription for a wide range of target conditions in this domain	1-7
Identify contraindications for exercise for a wide range of target conditions in this domain	1-7
Demonstrates ability to design and implement monitoring techniques to assess clinical status before, during and after exercise for a wide range of target conditions in this domain	1-7
Demonstrates ability to select and implement measurement/assessment techniques that measure and assess clients’ clinical and functional status and exercise ranges and limits for a wide range target conditions in this domain	1-7
Demonstrates ability to set up an appropriate exercise environment to accommodate accessibility and mobility needs of the neurological client	1-7
Demonstrates sound manual handling technique to assist with neurological client transfers	1-7
Recognises and responds to changes in clients’ clinical status and safety factors before, during and after exercise for a wide range of target conditions in this domain	1-7

Comments:

Respiratory/Pulmonary Domain

Target Conditions: Asthma, chronic obstructive pulmonary disease, cystic fibrosis

Differentiates the pathological bases for a wide range of target conditions in this domain	1-7
Distinguishes common testing procedures, medical/surgical/other interventions and prescribed medications for a wide range of target conditions in this domain	1-7
Displays sound knowledge of the evidence base for frequency, intensity, mode, duration, volume and progression of exercise prescription for a wide range of target conditions in this domain	1-7
Identify contraindications for exercise for a wide range of target conditions in this domain	1-7
Demonstrates ability to design and implement monitoring techniques to assess clinical status before, during and after exercise for a wide range of target conditions in this domain	1-7
Demonstrates ability to select and implement measurement/assessment techniques that measure and assess clients' clinical and functional status and exercise ranges and limits for a wide range target conditions in this domain	1-7
Recognises and responds to changes in clients' clinical status and safety factors before, during and after exercise for a wide range of target conditions in this domain	1-7

Comments:

Supervisor Signature: _____

Date: __/__/__