**TOUR LEADERS:** DR KATHRYN WELCH DR BRONWYN HOPWOOD

JANUARY 6-22, 2008 WITH EXTENSION TOUR TO VESUVIUS REGION

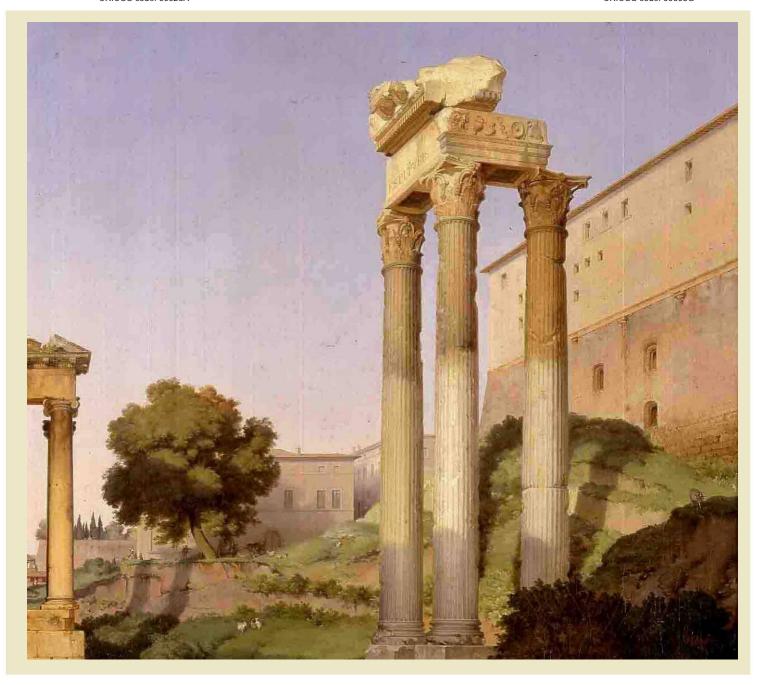


## The University of Sydney

CRICOS code: 00026A



CRICOS code: 00003G





ACADEMY TRAVE

Fax: + 61 2 9235 0123 Email: info@academytravel.com.au

#### **OVERVIEW**

The University of Sydney and the University of New England are pleased to offer a study tour of Classical Rome as part of their Summer School programs for 2008. Academy Travel is delighted to be managing travel arrangements of behalf of the universities.

This Classical Rome Summer School is designed for those who wish to study the city and society, monuments, art, and literature of Ancient Rome. The tour leaders have extensive experience teaching courses on Rome and have travelled to Rome many times. They will help you to understand and appreciate the centre of an empire that extended from the Black Sea to the Pillars of Hercules and which according to their ideology had no boundaries in time or space. The Classical Rome Summer School can be taken on its own, combined with the optional Shadow of Vesuvius Tour, or with your own travel plans. It includes accommodation in Rome, air and land travel, specified site entrances and meals.

We have designed enrolment options to ensure maximum flexibility. You may enrol as an undergraduate, a postgraduate or as an auditing participant who does not have to complete any assessment. Please contact the relevant lecturer (Dr Kathryn Welch for the University of Sydney, Dr Bronwyn Hopwood for the University of New England) to enquire about the formal enrolment process.

However the tour is not restricted to students studying towards a degree. Anyone with a strong interest in the city of Rome, who wishes to travel with like-minded people and learn from acknowledged experts in the field, is encouraged to join. The tour fee includes teaching fees for the Summer School program.

#### **SOME HIGHLIGHTS...**

- Walking tours illustrating the history and development of Rome through the Classical, Medieval, Renaissance and Baroque periods
- Detailed visits to major classical sites in Rome including:
  - o The Roman and Imperial Fora
  - The Colosseum, Theatres and Circuses
  - The Houses, Villas, Gardens, and Tombs of the Roman elite
  - The Via Appia
- Escorted tours of outstanding Etruscan, Early, Classical Roman and Vatican Museums
- Excursions to significant sites around Rome, including Ostia Antica, Palestrina, and Nemi
- Illustrated lectures by experts in Roman history and society



A section of the Roman Forum, viewed from the Palatine Hill. The development and changing shape of the Forum tells the social history of Rome, with structures from the Republican Period right through to the 19th century.



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#### TOUR PRICE

The tour price is \$6,900 per person, twin share and economy class air travel. This fee includes most categories of enrolment the Summer School program\*. A non-refundable deposit of \$400 is required with your application. Full payment is due 60 days prior to departure. Extension tour to Vesuvius Region: \$1, 200 for twin share accommodation.

#### INCLUDED IN THE TOUR PRICE

- ➤ Return airfare Sydney/Melbourne/Brisbane Rome and return with Thai Airways
- All land travel by private coach and train (short day trips only)
- > 14 nights' accommodation in central Rome
- Lunches and dinners in hotels and restaurants as indicated on this itinerary
- ➤ All entrance fees to sites mentioned in this itinerary
- Lecture series and services of a team of tour leaders
- Print and online tour materials
- Summer School Enrolment (conditions apply)

#### NOT INCLUDED IN TOUR PRICE

- > Taxes and fuel surcharges
- Additional fees for credit enrolment set by your institution. (Applicable to enrolled students only.)
- Travel insurance (compulsory)

#### TOUR LEADERS



**Dr Bronwyn Hopwood** is a lecturer in Roman History in the School of Classics, History and Religion, at the University of New England. Her specialties include the Political and Social History of the Roman Republic and Early Empire, Roman Law, Women, Iconography, and Space in Ancient Rome. Bronwyn led the 2006 tour, Rome and the cities in the shadow of Vesuvius jointly offered by Academy Travel and the University of New England.



Dr Kathryn Welch is a senior lecturer in Roman History in the Department of Classics and Ancient History at the University of Sydney. She has written extensively on the Roman Republic, civil war and early Imperial Rome and on Roman topographical subjects. She has taught units similar to this Summer School in Rome in 2001, 2003 and 2005.

#### TAX DEDUCTIBILITY

If you earn income teaching, researching, or writing history, art, or Italian studies it is likely that the cost of the tour and your enrolment fee will be fully deductible as an educational expense. Please contact your tax adviser for a professional opinion on your eligibility.

#### SUMMER SCHOOL ENROLMENT

\*Enrolment fees are set by the University of Sydney and the University of New England. The advertised price includes most categories of student. Currently enrolled students should contact Kathryn Welch at the University of Sydney or Bronwyn Hopwood at UNE to ascertain your options for enrolment as either a credit or not-for-credit participant.

#### ENQUIRIES AND BOOKINGS

Please contact Academy Travel on 9235 0023 at any time for further information or to discuss extra travel arrangements. You can also email enquiries to info@academytravel.com.au or visit our Sydney office at Level 9 of the MLC Building in Martin Place.

OK, so there's more to Rome than monuments and museums! As well as the official Summer School program there will be plenty of time to relax and enjoy a broader range of cultural activities, such as gelato-eating.





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#### DETAILED ITINERARY

All breakfasts included. Included lunches and dinners are indicated by the letters (L) and (D).

#### SUNDAY 6<sup>TH</sup> JANUARY

Your flight on *Thai Airways* departs from Sydney at 5.00pm. Departures from Melbourne and Brisbane can also be arranged on request.

### MONDAY 7<sup>TH</sup> JANUARY

The tour leaders will meet you on your arrival in Rome and accompany you to your hotel where you can check in when rooms become available (in Italy this is usually about lunchtime). To help you fight any jetlag, we will take you on a very leisurely Orientation Walk. We will take time to introduce you to some historical sites (the Janiculum and Aventine hills) and some practical ones (internet, laundry, ATMs, transport, supermarket, shops) in Trastevere where we are staying. In the evening we will take you for an early dinner before you turn in for an early night. (D)

#### TUESDAY 8TH JANUARY

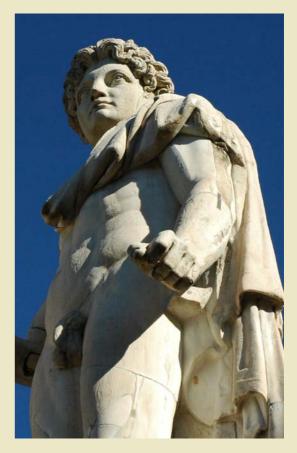
Today we visit by coach Rome's famous models and casts museum the Museo della Civiltà Romana, before making our way to the Villa Giulia, the premier museum in Italy for Etruscan culture, located in the north of the Borghese Gardens. After lunch we will travel to the Museo Montemartini. The Montemartini, a branch of the Capitoline Museums, houses some Republican and Augustan material arranged within the impressive remains of twentieth century industrial archaeology. We return to our hotel for the first of the evening lectures (The Development and Triumph of Rome), followed by time to freshenup before making our way to a local restaurant for a 'Welcome to Rome' Dinner. (B, D)

#### WEDNESDAY 9TH JANUARY

We begin the day with a walking tour of the route of the ancient **Triumph** from the *Largo Argentina* to the *Forum Romanum*. After time for lunch on the Capitol we will explore the impressive collections of the Capitoline Museums. This evening there will be a talk on *Living* Life in the Public Gaze. (B)

#### THURSDAY 10TH JANUARY

Today's theme of public life and public space will see us visit the Imperial Fora of Caesar, Augustus, and Trajan. From here we will walk to the Pantheon and Piazza Navona where we can gaze at the Baroque palaces and four rivers of Bernini's famous fountain, laid out on top of the ruins of **Domitian's Stadium**. After lunch we will take in



The celebration of Rome in public space continues well after the classical period. Above is a Renaissance statue of the Roman soldier-god Castor, part of Michelangelo's breathtaking re-design of the Capitoline Hill in the 16th century.



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the Mausoleum and Ara Pacis of Augustus before visiting the collection of antiquities in the Palazzo Altemps. There will be an evening talk on Roman Houses and Public Life. (B)

#### FRIDAY 11TH JANUARY

Our sightseeing today starts on the **Palatine Hill** the most salubrious address in Republican and Imperial Rome. We begin our tour with the gardens and Houses of Livia and Augustus, before taking in the Palace of Domitian and Palatine Museum. From the Palatine we then make our way to the **Antiquarium** in the Roman Forum. After lunch we will take a leisurely stroll through the Subura, the original highdensity living area of Classical Rome. On returning to the hotel a talk will be given on Ostia Antica: a Roman Town. (B)

#### SATURDAY 12TH JANUARY

After breakfast we take a coach to the ancient port town of Ostia Antica. The highlights of this well-preserved town include the Baths of Neptune, Agrippa's Theatre, the Forum, the Temple of Rome and Augustus, the Temple of Rome Victorious, the *Piazzale delle* Corporazioni (square of the merchants guilds), the Grandi Horrea (warehouses), the Domus of Fortuna Annonaria, and the Casa di Diana. The Museum of Ostia also houses statues, mosaics, and frescoes found at the site. If time permits, we will visit the Parco Cafarella outside Rome to see the wonderful remains of Roman Agueducts. On our return to Rome this evening's talk will look at *Death* and Glory in Ancient Rome. (B)

#### SUNDAY 13TH JANUARY

Back in Rome, we begin our morning with a walk to the Colosseum. Having gazed on its ruins, we spend the rest of the day strolling along the famous Via Appia. The sites visited along this road include the Circus of Maxentius, the tombs of elite Romans (like Caecilia Metella), and some of Rome's earliest catacombs. Today you may wish to have lunch at the Osteria Antica (located in a columbarium, perhaps that of Augustus' freedmen) or to take a picnic lunch. (B)

#### **MONDAY 14TH JANUARY**

Free Day (B)

#### TUESDAY 15TH JANUARY

If it can be arranged, we will begin the day by climbing Trajan's Column. We will then make our way to the extensive and entertaining collection of inscriptions housed in the Terme Diocleziano Museo Epigraphico. After lunch we will visit the Museo Palazzo Massimo, a wonderful collection of statues and frescoes from Livia's Villa at Prima Porta. Returning to the hotel there will be a lecture on Maxentius and Constantine: (Re)Shaping Rome. (B)



A detail from the famous bass-reliefs which decorate Augustus' Altar of Peace (Ara Pacis). The altar is a prime example of the confluence of political ideology and urban planning. The altar was moved to a new location by the dictator Mussolini and has recently re-opened, housed in a controversially modern structure.

#### TOUR LECTURES

Evening lectures are an integral part of the Summer School program. The lectures will survey the history, culture, art, architecture, and literature of Rome and are organised to provide information before visiting each site on the itinerary. Some introductory lectures will be delivered on-line prior to departure.



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#### WEDNESDAY 16TH JANUARY

Sacred space has always played an important role in the City of Rome. Today we will visit the site of Temple of Claudius before walking to the church of San Stefano. After a leisurely lunch we will visit San Giovanni in Laterano and the Lateran Baptistery before returning to the Hotel. This evening there will be a lecture on *Rome* and the Roman Campagna. (B)

#### THURSDAY 17TH JANUARY

After a guick stop at Santa Costanza, the maginificent shrine to Constantine's daughter, we will make our way to Palestrina, the site of ancient Praeneste. We will visit the ancient forum and the Museo Archeologico Nazionale Prenestino, located at the top of a series of magnificent terraces which were originally part of the temple of Fortuna Primigenia. From the museum-temple we will visit the picturesque town of Nemi to enjoy an extended lunch and a walk around this beautiful lakeside town. In ancient times, this lake was the site of an important Sanctuary of Diana. Later it served as the setting for the emperor Caligula's pleasure-cruises. On returning to the hotel there will be a talk on The Vatican Museum Collections. (B, L)

#### FRIDAY 18TH JANUARY

An early start to make the most of the **Vatican Museums**. After beating the crowds to the Sistine Chapel we will take you to the Museo Gregorio Profano to see one of the best collections of Roman sculpture. From here you will be free to explore the rest of the extensive collections of the Vatican Museum and have lunch in the museum's café. From the Vatican we will make our way to the church of **St Peters** with the option, for those who are interested, to climb the dome. On returning to the hotel there will be an evening talk on Slotting in the Popes: Damasus and Early Christian Rome.(B)

#### SATURDAY 19TH JANUARY

Prepare to be taken on a walking tour of five of Rome's beautiful and interesting churches. The walk takes in SS. Cecilia, Prassede, Quattro Coronati, Maria Maggiore, and Clemente. This evening's talk looks at: Renaissance and Baroque Interpretations of Classical Rome. (B)

#### **SUNDAY 20TH JANUARY**

Our final walking tour in Rome, today's stroll takes in the Classical Baroque City. The highlights of this day include the **Trevi** fountain, San Andrea Quirinale, Carlino, Via Sistina and Spanish Steps. After Lunch we walk through the Borghese Gardens to visit the exquisite Borghese Gallery. On returning to the hotel it will be time to get ready for our special 'Farewell to Rome' dinner. (B, D)



The harmonious and distinctly oriental interior of the Mausoleum of Constantine's daughter, Santa Costanza.

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#### FOR THOSE RETURNING TO AUSTRALIA...

#### **MONDAY 21ST JANUARY**

Your flight on *Thai Airways* departs from Rome Airport, at 2.15pm. We will transfer to the airport at about 11.00am. The flight arrives in at 8.00pm on Tuesday 22 January (Melbourne and Brisbane arrivals also possible).

#### EXTENSION TRIP TO THE VESUVIUS **REGION 21ST - 28TH JANUARY**

Departing Rome early, the tour makes its way south to the picturesque town of Vico Equense. From this base, we will spend the next five days exploring the ancient cities that once lived in the shadow of Vesuvius. The itinerary includes:

- The National Archaeological Museum at Naples
- Pompeii
- Herculaneum
- Cumae and Baiae
- Free time to visit the Amalfi Coast and the Island of Capri The exact timing of site visits on the extension trip has been kept open to make the most of the weather.

The extension trip includes

- all accommodation and breakfasts
- travel from Rome to Vico Equense and from Vico Equense to Rome Airport
- three meals at restaurants in Vico Equense
- all entrances to sites and local guides where required
- background talks on sites

Your return flight on *Thai Airways* departs from Rome Airport, at 2.15pm on Sunday 27 January. Flights return to Sydney at 8.00pm on Monday 28 January. (Returns to Melbourne and Brisbane can also be arranged.)



Mount Vesuvius dominates the Bay of Naples. The volcano's site and ongoing activity will also dominate, both physically and conceptually, our seven day extension trip to the cities in the shadow of Vesuvius.



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#### HOTEL INFORMATION

#### CASA DI SANTA FRANCESCA ROMANA.

TRASTEVERE, ROME Throughout the tour we will be staying at the Casa di Santa Francesca Romana in the heart of Rome. The casa is a working convent with 37 hotel rooms, housed in a 14<sup>th</sup> century building with a courtyard and precious works of art. This is perfectly situated for exploring the historical centre of the city as well as for access to public transport and Fiumicino airport. Rooms are large, clean and comfortable with private facilities. For images and further information visit www.sfromana.it

#### HOTEL MARY, VICO EQUENSE (extension trip only) The three-star Hotel Mary occupies a panoramic position overlooking

the Bay of Naples towards Ischia. The hotel is in a quiet position but just five minutes walk to the central piazza of Vico Equense, a charming town of the southern shores of the Bay of Naples. For images and further information visit www.hotelmaryvico.com

# Courtyard of the Casa di Santa Francesca Romana

#### WHO MAY COME ON THIS TOUR?

The Summer School is open to university students, high school teachers, and interested members of the public. Intending participants under 18 must be accompanied by a parent or quardian. The group is limited to a maximum of 24. Students enrolling for credit will be given preference. For enrolment through the University of Sydney please contact Dr Kathryn Welch (kathryn.welch@arts.usyd.edu.au). For enrolment through the University of New England please contact Dr Bronwyn Hopwood (bhopwood@une.edu.au).

#### WEATHER ON TOUR

January is a great time for 'cultural travel' to Rome. There are few tourists and religious pilgrims around, with very few queues for major monuments. Temperatures are cool in the morning (around 3-6 degrees), usually warming up to 12-15 degrees in the day. Rainfall is not heavy – it is reasonable to expect light rain on 3-4 days only.

## ADDITIONAL TRAVEL AND **STOPOVERS**

We are more than happy to arrange additional travel either before or after the tour dates. Stopovers on the outbound or return flight are also possible for those wishing to break their journey. Please note that there may be additional charges for varying your travel. Please contact us on (02) 9235 0023 to discuss your requirements.

#### TAXES & SURCHARGES

The tour price does not include taxes and fuel surcharges. These will be calculated at the time the final invoice is issued. Taxes may vary according to the route and any stopovers made. With the current instability in world oil prices, fuel surcharges are also subject to change. On 01 April 2007 taxes and surcharges for return travel to Europe via Bangkok were approximately \$450.

## PHYSICAL DEMANDS OF TOUR

A moderate level of fitness is essential for any form of travel. In order to enjoy all the activities on the tour you should be able to walk for 90 minutes at a moderate to pace. Be prepared for the fact that some of the walking on the tour will be on hills and some surfaces will be uneven especially at archaeological sites. We are happy to accommodate the needs any traveller with a physical disability as far as reasonably possible, but it may not be possible to undertake all activities. Please contact us if you wish to discuss the demands of the tour.



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## ABOUT ACADEMY TRAVEL

TAILORED SMALL GROUP JOURNEYS

#### **ABOUT US**

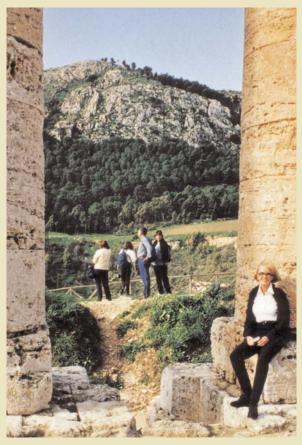
Academy Travel is an Australian-owned travel company, dedicated to providing tailored small group journeys for individuals and associations. Each year we organize around 15 journeys to Europe, the Mediterranean, Asia and the Americas, each focusing on a distinctive historical, artistic or cultural theme. There is a maximum of 24 participants for this Summer School.

The aim of every Academy Travel journey is to combine the pleasures of independent travel with the benefits and shared enjoyment of a group. Expert group leaders, carefully selected accommodation and carefully paced itineraries are the key ingredients of our planning. Rather than rushing from place to place there is time to explore and experience destinations as an individual traveller, at the same time gaining from the experience and expertise of the group leader.

No special qualifications are required to participate in our program just a love of travel and desire to see and understand more than the average tourist.

## KEY FEATURES OF OUR **JOURNEYS**

- > Outstanding group leaders. All our leaders possess extensive knowledge of the places visited on a journey, skills in communicating this knowledge to an interested audience and practical skills in managing a group journey. But most of all our leaders have love and enthusiasm of the places you visit!
- > Extended stays in most destinations, rather than one- or two-night hops. This allows you the chance to get to know the places you visit, time to pursue individual sightseeing and the opportunity to simply relax and watch the world go by. Extended stays also mean you can attend to practical matters, such as laundry and emails, with ease.
- > Itineraries based on carefully developed historical and cultural themes, rather than superficial 'panoramic' tours. Because we avoid overnight hops, you have time to build up an in-depth understanding and appreciation of what you see, not just a check-list of famous sites.
- > Informal background talks before you visit sites, museums and galleries. This leaves you free to spend your time actually looking at the things you've travelled to see, rather than straining to listen to a local tour guide. Through the background talks you'll also build up a coherent understanding of the country you're visiting, not just a fragmented set of facts.
- > The option of staying with the group leader or individually exploring most sites. You can also opt out of entire days if you wish to relax or do something different.
- > Online learning resources. Once you have registered for a journey, we provide you with access to a set of online resources (maps, historical summaries, photos) and links to websites of interest. These resources are expanded as the trip gets closer and remain after you return.



On tour in Sicily - the pleasure of individual travel with the convenience of a group.

#### WHO PARTICIPATES IN OUR PROGRAM?

Academy Travel's journeys appeal to those who want to move beyond mass tourism, either because they have considerable travel experience or have a strong interest in a particular place or period. Very often participants are regular independent travellers, but have chosen to join the group because of the special attraction of the itinerary or the expertise of the group leader. The opportunity to travel with like-minded people is one of the main appeals of our program.



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## **BOOKING FORM**

Thank you for your booking. We require the following information to secure your flight bookings and accommodation.		BOOKING CONDITIONS	
		PLEASE READ CAREFULLY AND SIGN BELOW	
Name of tour Classical Rome Summer School USyd / UNE		WHAT HAPPENS IF ACADEMY TRAVEL IS FORCED TO CANCEL A TOUR?	
Your name (as it appears on your passport)		You will get a full refund of all monies paid. Even though most tours are budgeted on a group size of 15 to 20 people, we will attempt to ensure that all tours depart, irrespective of numbers.	
Preferred first name	Date of Birth	WILL THE TOUR PRICE	CHANGE?
Address		If the number of participants in a tour is significantly less than budgeted, or if there is a significant change in exchange rates Academy Travel reserves the right to amend the advertised price. If this occurs you will be given the option of cancelling your booking and obtaining a full refund.  WILL THE ITINERARY OR AIRLINE CHANGE?	
State Postcode			
Phone Alternative phone			
Email		Occasionally circumstances beyond the control of Academy Travel make it necessary to change airline, hotel or to make slight amendments to daily itineraries. We will inform you of any changes as soon as they occur.  PASSPORT AND VISA	
Passport number Expiry date			
Place and country of issue		A valid passport is required for all international travel. If you do not hold an Australian passport you may require a re-entry permit. Some countries require visas to be issued before you depart Australia. We will advise you of all passport and visa requirements, but it is your responsibility to ensure that you meet passport and visa requirements before you depart.	
Name and contact telephone number of next of kin (emergency contact only)			
Travel and accommodation preferences		Academy Travel requires all participants to obtain comprehensive travel insurance. Our booking agents, Jetset Travel MLC Centre will send you a travel insurance application form when you book.	
<ol> <li>I am travelling  on my own  with a friend or family member.</li> <li>Name of friend//family member</li> </ol>			
		DEPOSITS	
		A deposit of \$400 per person is required to confirm your booking on a tour.	
3. I would like twin-share accommodation a single room		CANCELLATION FEES	
4. I will fly economy business first class.		If you decide to cancel your booking the following charges apply:	
5. Do you intend to arrive and depart with the gro	oup?	More than 60 days before departure 60-45 days before tour start	\$400* 20% of total amount due
6. If no, please describe your additional travel plans		44-15 days before tour start	50% of total amount due
		14 days or less before departure 100% of total amount due  *This amount may be credited to another Academy Travel tour within	
7. I have the following special meal requirements		12 months of the original tour you booked.	
		Unused Portions of the tour	
Frequent flyer number(s) and airline seating preferences		We regret that refunds will not be given for any unused portions of the tour, such as meals, entry fees or accommodation.	
Credit card details for deposit Master Card Visa Diners Club  Card number		FINAL PAYMENTS	
		Full payment of the tour fee, insurance and any additional travel is due	
		by cash, cheque, Visa, Mastercard, Ba	60 days before departure. Deposits and final payments can be made by cash, cheque, Visa, Mastercard, Bankcard, Diners Club or American
Security Code (3 digits on signature strip)		Express. A 3% surcharge applies to payments made by Diners Club or American Express.	
Name on card		I accept the conditions on this booking	g form.
Expiry date	Amount		Dete
Signature	Date	Signature	Date



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