



Bachelor of Exercise & Sports Science/Bachelor of Clinical Exercise Physiology

EXSC322 Supervisors' Feedback Report

Students are to be evaluated against the six (6) learning outcomes of the Exercise and Sports Science practicum program, which are based on the Exercise Science Standards as set by Exercise & Sports Science Australia (ESSA).

As a supervisor in our practicum program, we ask that you draw upon your industry experience to assess our student against these learning outcomes. Based on your observations of the student in your workplace, please use the marking scheme below to indicate whether the student meets the required standard of Entry Level Exercise Scientist.

We would appreciate the completion of this report halfway through the student's placement, and at the completion of the student's placement. Please complete this report in consultation with the student to provide an opportunity for reflective practice and an open environment for the student to ask questions and receive clarification.

Please return the report to exerciseprac@une.edu.au

Marking Scheme:

- 1 = Significant deficit exists** (insufficient progress, not responsive to feedback, poor performance, ineffective/inappropriate communication with clients and colleagues, does not follow instructions)
 - 2 = Well below the required standard** (requires high level of supervision, inconsistent performance, lacks confidence, relies on direction from supervisor, requires close monitoring, clinical skills are basic)
 - 3 = Nearly meets the required standard** (requires low-moderate level of supervision, level of confidence varies, clinical knowledge and skills are developing and are applied with some efficiency, responds to feedback and demonstrates reasonable progression, requires some prompting)
 - 4 = Meets the required standard** (requires only broad supervision, is effective and timely, specialised knowledge and skills demonstrated regularly, confident in most situations, consistently safe and effective, capable of working independently in some situations)
 - 5 = Exceeds the required standard** (exhibits knowledge and skills above those expected for a new graduate, operates efficiently and independently)
 - 6 = Well above the required standard**
 - 7 = Significantly exceeds the required standard**
- N/A = Not Applicable

Student Name	
Practicum Site	
Supervisor Name	

Feedback on Generic Professional Standards

Learning Outcome 1: Communication

Demonstrates appropriate and effective verbal and non-verbal communication with clients and carers	1-7
Demonstrates appropriate and effective verbal and non-verbal communication with colleagues, peers, other health professionals and stakeholders	1-7
Satisfies all reporting requirements of an exercise professional, including data input and recording, written reports, case notes, management plans	1-7

Comments:

Learning Outcome 2: Assessment and Prescription

Accurately and efficiently collects relevant subjective and objective data and performs appropriate physical assessments	1-7
Accurately and efficiently interprets relevant subjective and objective information and physical assessment data	1-7
Applies evidence-based practice to prescribe a safe and effective exercise intervention based on data interpretation and client's exercise tolerance, physical capacity and motivation level	1-7

Comments:

Learning Outcome 3: Exercise Delivery

Ensures a safe exercise environment when delivering an exercise intervention	1-7
Effectively guides and educates the client throughout the exercise intervention	1-7
Employs a range of tools and methods to monitor and evaluate exercise load	1-7
Identifies and demonstrates a wide range of exercise modalities, and selects appropriate exercises and equipment to suit client needs and abilities	1-7
Regresses or progresses the client accordingly	
Applies motor learning and skill acquisition principles for teaching and correcting movement and technique	
Applies motor control, functional anatomy and biomechanical principles to assess movement and technique	1-7
Identifies contraindications for exercise participation associated with chronic/complex conditions and shows an awareness of pathophysiology underpinning these contraindications	1-7

Comments:

Learning Outcome 4: Behavioural Change and Lifestyle Modification

Identifies relevant stages of behavioural change and addresses challenges in lifestyle modification throughout client assessment and prescription	1-7
Employs methods of facilitating behavioural change throughout exercise delivery in order to improve exercise compliance and lifestyle choices	1-7

Comments:

Learning Outcome 5: Risk Stratification

Identifies risks associated with exercise prescription and delivery	1-7
Applies strategies to minimise identified risk	1-7

Comments:

Learning Outcome 6: Professional Practice

Demonstrates an understanding of client confidentiality and privacy	1-7
Appropriate with respect to agreed expectations of their dress, attitude and behaviour	1-7
Punctual for shifts and in contact in a timely manner where unforeseen circumstances prevent them from attending placement	1-7
Recognises professional weaknesses and actively engages in self-directed learning, seeks timely feedback and appropriate support	1-7
Practises ethically, responsibly and in accordance with ESSA's Code of Professional Conduct and Ethical Practice	1-7
Demonstrates knowledge and awareness of the Scope of Practice of an Accredited Exercise Physiologist	1-7

Comments:

Supervisor Signature: _____

Date: __/__/__