Flyer

Are you interested in contributing to research on First Nation women?

Would you like to enhance our understanding about diet and menopause connection?

If yes, then read more below 😊

WHAT IS THE TOPIC OF RESEARCH?

This research project aims to understand if diet and menopause symptoms are correlated. We will collect diet & nutrition intake from First Nation women and will record their menopause symptoms.

Approval

This project has been approved by the Human Research Ethics Committee of the University of New England (Approval No HE-2026-2911-5562 Valid to 12/05/2027).

WHAT WILL YOU BE REQUIRED TO DO?

You are required to read the information sheet and then if you like to participate, please provide your consent either verbally or in written.

You are encouraged to discuss this with family or trusted others. A trained health worker will approach you to collect general information about you, your usual dietary intake and menopause symptoms. This survey will take approximately 30 minutes only.



If you are interested and want to know more, contact us:

Mansi **on 02 6773 5353 or Traci on 02 67735959**

Or email us mdasssin@gmail.com or ttraver2@une.edu.au

or Allira Cutmore 0401351641.

Participation is Voluntary and the information you share will be kept confidential