




Choose a degree that's as unique as you are

Counselling and Mental Health



Now you're thinking





There's a lot of sameness out there, but if you're an individual, you need a university that treats you like one



UNE - a university with a difference

UNE offers you an education that's truly world class. State-of-the-art teaching and research facilities, sporting amenities and modern residences mean that you have at your disposal everything that you need.

The University of New England was the first Australian university established outside a capital city. With a history extending back to the 1930s, UNE has a well-earned reputation as one of Australia's great teaching, training and research universities.

While UNE has a long history and strong tradition, our outlook is dynamic and fresh. Our focus is on the future, ensuring that your education and qualifications are relevant. More than 75,000 people now hold UNE qualifications; many hold senior positions in Australia and overseas. At UNE you will experience a personal education that will set you apart.

A learning experience that's personalised for you

At UNE, we offer flexible learning methods to suit your needs. Choose to study either full time or part time; on campus, by distance, or a combination of both. UNE ensures that whichever way you choose to study, you get the very best tuition.

Studying on campus means you will be immersed in a vibrant living and learning environment - a community where you will make lifelong friendships. We have smaller class sizes, an open door philosophy and the kind of campus where you'll actually want to spend time. Not to mention highly qualified teachers who come from all corners of the globe. This on campus environment ensures that you'll get an education that's as unique as you are.

Distance education allows you to tailor your studies to suit your life. We keep in contact with you via a range of communication channels and support you with online technology and a vast array of reference material. UNE is at the forefront of distance education. We are successful because we understand the challenges of being a distance education student. So no matter how far away you are, you'll never feel distant.



Why study Counselling at UNE?

Our counselling programs combine online learning with intensive schools held in Armidale. In this way, students can integrate theoretical learning with experiential skills development and develop their own integrative approach to therapy. Our new programs have a solid foundation in current mental health practice and prepare our students well to work in an interdisciplinary working environment.

UNE offers 3 nested programs in counselling,

- Graduate Certificate in Mental Health Practice
- Graduate Diploma in Counselling for Health and Social Care
- Master of Counselling

The first is an interdisciplinary award relevant to health professionals wanting to work in mental health, whereas the second and third are degrees designed specifically for counselling students with relevant professional experience.

Graduate Certificate in Mental Health Practice

Study Mode	Distance only
Duration	Full Time: 0.5 year Part Time: Up to 2 years

This program is designed for people who have a degree and who want additional training in the area of mental health. It is an interdisciplinary award designed to equip health professionals to support people with mental health issues, and their carers. It is likely to appeal to counsellors and other health practitioners who want to work towards accreditation as Mental Health Practitioners. The curriculum is based on the competencies detailed in the National Practice Standards for the Mental Health Workforce, as part of the National Mental Health Strategy. Students will be introduced to the mental health care system in Australia and will learn practical counselling skills to enable them to work effectively in the mental health field.

Entry Requirements

A candidate shall:

- (a) hold a bachelor degree of a recognised University;
- or
- (b) satisfy the School by means of other qualifications and relevant experience of adequate preparation for candidature.

Structure of the Course

The award consists of the following compulsory units which can be studied in either Semester 1 or Semester 2:

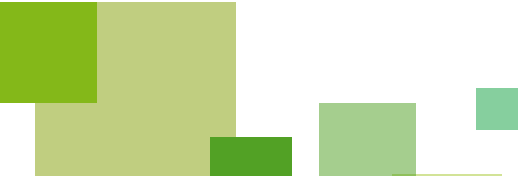
HSMH 421 Foundational Counselling and Assessment Skills*

HSMH 422 Introduction to Mental Health Care

HSMH 423 Focused Psychological Strategies in Mental Health*

HSMH 424 Mental Health Promotion, Prevention, Intervention

* Includes 3-day intensive school - attendance on campus in Armidale is compulsory.



Graduate Diploma in Counselling for Health and Social Care

Study Mode	Distance only
Duration	Full Time: 1 year Part Time: Up to 3 years

This program provides professional training in counselling skills and theory. It incorporates the Graduate Certificate in Mental Health Practice, which is designed to equip health professionals to support people with mental health issues and their carers. Students will be expected to be working in the field during their candidature.

Entry Requirements

A candidate shall:

- (a) hold a bachelor degree of a recognised University;
or
- (b) satisfy the School by means of other qualifications and relevant experience of adequate preparation for candidature;
or
- (c) hold the Graduate Certificate in Mental Health Practice of the University of New England or equivalent; and
- (d) one year, or its equivalent, of relevant professional practice in the counselling field.

Structure of the Course

SEMESTER 1

- HSCS 452 Advanced Counselling Theory
- HSCS 521 Ethical, Professional and Legal Issues in Counselling
- HSMH 421 Foundational Counselling and Assessment Skills*
- HSMH 422 Introduction to Mental Health Care

SEMESTER 2

- HSCS 535 Advanced Counselling Skills*
- HSMH 423 Focused Psychological Strategies in Mental Health*
- HSMH 424 Mental Health Promotion, Prevention, Intervention

Master of Counselling

Study Mode	Distance only
Duration	Full Time: 1.5 years Part Time: Up to 4 years

This program provides an advanced level of training in counselling to enable graduates to work in a range of professional contexts. This award incorporates the Graduate Diploma in Counselling for Health and Social Care and the Graduate Certificate in Mental Health Practice. This enables students to exit early with these awards.

Entry Requirements

A candidate shall:

- (a) hold the Graduate Diploma in Counselling for Health and Social Care from the University of New England, or its equivalent;
or
- (b) satisfy the School by means of other qualifications and relevant experience of adequate preparation for candidature;
and
- (c) one year, or its equivalent, of relevant professional practice.

Structure of the Course

YEAR 1 - SEMESTER 1

- HSCS 452 Advanced Counselling Theory
- HSCS 521 Ethical, Professional and Legal Issues in Counselling
- HSMH 421 Foundational Counselling and Assessment Skills*
- HSMH 422 Introduction to Mental Health Care

YEAR 1 - SEMESTER 2

- HSCS 535 Advanced Counselling Skills*
- HSMH 423 Focused Psychological Strategies in Mental Health*
- HSMH 424 Mental Health Promotion, Prevention, Intervention

YEAR 2 - SEMESTER 1

- HSCS 538 Counselling Assessment and Case Conceptualisation*
- EHPS 590 Research Methods

Plus two electives from the following:

- HSCS 474 Counselling for Loss and Grief
- HSCS 478 Counselling for Trauma
- HSCS 536 Working Systemically in Therapy*

YEAR 2 - SEMESTER 2

- HSCS 472 Child and Adolescent Development and Counselling
- HSCS 533 Group Work in Counselling*

Master of Counselling with Honours

Study Mode	Distance only
Duration	Full Time: 2 years Part Time: Up to 4 years

The aim of this course is to train graduates in counselling-related research skills, from a scientist practitioner perspective, and to facilitate their progression to a PhD. It provides the opportunity for students to develop research skills in their specific area of specialisation. It also enables them to focus on one area of particular interest and to develop advanced research skills including conducting a literature review, designing and conducting a research project, analysing the data, and presenting the findings both verbally and in written form.



Need more information?

There are plenty of people at UNE to help you. If you have any questions, we have a number of channels available to you so that you can get the answers you need.

- Ask a question 24/7 at: une.edu.au/askUNE or request a chat session by clicking on 'Chat'
- Visit our website: une.edu.au/healthnursing
- Find 'Kate UNE' on Facebook



- Scan in this barcode using your mobile
- Call the Future Students Team on: 1800 818 865

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