

Branch Name Earle Page & Austin Semestre 2-Term 4-2009
Week 4 & 8

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
BREAKFAST	CONTINENTAL BREKFAST With porridge	CONTINENTAL BREKFAST With porridge	CONTINENTAL BREKFAST With porridge	CONTINENTAL BREKFAST With porridge	FULL COOKED & CONTINENTAL BREAKFAST	FULL COOKED & CONTINENTAL BREAKFAST	FULL COOKED & CONTINENTAL BREAKFAST
LUNCH	Design your own Thai Style Soup with your choice of Laksa and or Thai Green Curry broth. Lots of toppings and ingredients to choose from	Stir fried chilli lamb with spring vegetables Steamed fragrant rice	Steamed and fried assorted Asian dim sims Chicken Nuggets Fried Noodles with spring vegetables	Tuna mornay with cherry tomatoes	Spaghetti bolognaise	Mixed vegetable and Chicken Frittata Salad Bar	Make your own sandwich From the salad bar with a selection of speciality bread (Turkish Pide/ Herbs Focaccia/ Lebanese bread & Flour Tortillas
LUNCH VEGETARIAN		Seared Spring vegetable with tofu and sweet chilli sauce	Fried Noodles with spring vegetables	Baked penne pasta with green peas, capsicum mornay	Yours choice of either mushroom cream sauce or Putanesca with spaghetti	Spring vegetable Frittata Salad Bar	Make your Own Sandwich choice of Focaccia, Turkish Pide, Wrap
SALAD BAR SELECTION	Sliced tomato, cucumber, beetroot, tasty cheese, pineapple, lettuce, Spanish onion, capsicum; selection of 3 cold meats/ fish daily, egg mayonnaise, avocado once a week, condiments, sliced white, wholemeal and multigrain bread, seeded bread, rolls, focaccia etc						
SALAD OF THE DAY	COBB SALAD	TOSSED GARDEN SALAD	GREEK SALAD	CAESAR SALAD	GARDEN GREEN SALAD	COUNTRY GREEK SALAD	Garden salad
DINNER	PIZZA NIGHT Bbq meat lovers Chicken & pineapple vegetarian	Chicken Schnitzel	Mixed grilled with sausages, bacon, lamb chops	Roast Peppered Beef Mushroom sauce	Roast hoi sin flavoured pork spare ribs Moroccan crusted fish fillet	THAI NIGHT Massaman lamb curry Tofu and vegetable yellow curry Flavoured rice with sultana and pine nuts	BBQ roast Maryland Chicken
DINNER VEGETARIAN	Vegetarian pizza	Pumpkin, spinach and fetta slice	Tofu and vegetables black bean stir fry Steamed jasmine rice	Potato & Chickpeas strudel Mushroom sauce	Savoury rice stuffed capsicums		Moroccan Tagine vegetables casserole
POTATO OR RICE OF THE DAY		Marble Mashed Potato	Rosemary roast potato	Marble mashed potato			Creamed Potato
VEGETABLES OF THE DAY			Fried onions, grilled tomato, sautéed mushrooms Roast mini Coblets	Cumin roast roots vegetables glazed with honey	Hot Seared Asian mixed Vegetables	Steamed mixed vegetables	Medley of fresh seasonal vegetables
DESSERT	Warm Apple strudel with vanilla custard	Lemon Cheese Cake	Jelly & Custard Coupe	Apple crumble	Banana Cake with warm Anlaise	Sticky date pudding	Assorted ice creams & toppings